

IX TRIATLÓN CROS LA PUEBLA DEL RÍO "PUERTA DE DOÑANA "

LOCALIDAD: La Puebla del Rio

DISTANCIA: Cros

FECHA: 2 Octubre 2021

CAMP. AND. FEMENINO

INSCRITOS: 15 Finalizados: 15 DNS: 0 DNF: 0 DSQ: 0 NC: 0

Delegado técnico: ALVARO DEL CASTILLO

Juez Árbitro: AURORA DEL CASTILLO

Clasificaciones: FRANCISCO MOLINA

ALVARO DEL CASTILLO

Jurado de
Competición

MACARIO CABEZA

FRANCISCO DE LA CARRERA

Temp. agua: 26 °C Temp. ambiente: 32 °C Neopreno: PROHIBIDO

NATACIÓN (1.000 mts)

BTT (27K)

CARRERA (6K)

| Pos | Dorsal | Nombre completo | Equipo | Cat. | P.Cat. | Pos | Tiempo | Ritmo | Pos | Tiempo | Ritmo | Pos | Tiempo | Ritmo | TIEMPO |
|-----|--------|-----------------------------|---|---------|--------|-----|----------|------------|-----|----------|------------|-----|----------|----------|----------|
| 1 | 1 | ROCÍO ESPADA VÁZQUEZ | C.D. TRAININGTRI | ABF | 1 | 5 | 00:11:50 | 1'11"/100m | 1 | 01:15:13 | 21.53 km/h | 1 | 00:25:53 | 4'18"/km | 01:52:57 |
| 2 | 3 | BEATRIZ JIMENEZ TOME | MONTILLA-CORDOBA TRIATLON | ABF | 2 | 4 | 00:10:40 | 1'04"/100m | 4 | 01:21:17 | 19.92 km/h | 6 | 00:28:01 | 4'40"/km | 01:59:59 |
| 3 | 5 | MYRIAM BENITEZ VERA | C.D. TRAININGTRI | ABF | 3 | 8 | 00:12:59 | 1'17"/100m | 3 | 01:20:35 | 20.10 km/h | 2 | 00:27:22 | 4'33"/km | 02:00:57 |
| 4 | 34 | ZENAIDA MORENO GONZÁLEZ | CAPA CC LOS ALCORES | G30-34F | 1 | 7 | 00:12:15 | 1'13"/100m | 5 | 01:21:27 | 19.88 km/h | 5 | 00:27:54 | 4'39"/km | 02:01:38 |
| 5 | 65 | NIEVES CANTOS BERTOS | C.D. TRAININGTRI | G40-44F | 1 | 13 | 00:13:55 | 1'23"/100m | 2 | 01:19:44 | 20.31 km/h | 9 | 00:29:22 | 4'53"/km | 02:03:02 |
| 6 | 17 | Mª NURIA GIL DE SOLA MERINO | REAL CLUB MEDITERRANEO | G20-24F | 1 | 1 | 00:10:06 | 1'00"/100m | 8 | 01:33:07 | 17.39 km/h | 3 | 00:27:23 | 4'33"/km | 02:10:38 |
| 7 | 103 | MASUMI UCHINO . | C.D. TRIATLÓN GUADIATO | G50-54F | 1 | 9 | 00:12:59 | 1'17"/100m | 7 | 01:31:56 | 17.61 km/h | 4 | 00:27:43 | 4'37"/km | 02:12:40 |
| 8 | 18 | TAMARA SABRINA HEREDIA REAL | REAL CLUB MEDITERRANEO | G20-24F | 2 | 3 | 00:10:12 | 1'01"/100m | 9 | 01:34:17 | 17.17 km/h | 11 | 00:31:07 | 5'11"/km | 02:15:37 |
| 9 | 47 | PAULA SALDAÑA SEDEÑO | C.T. RINCON DE LA VICTORIA TUK-TUK NOODLES | G35-39F | 1 | 2 | 00:10:07 | 1'00"/100m | 10 | 01:34:29 | 17.14 km/h | 12 | 00:32:07 | 5'21"/km | 02:16:43 |
| 10 | 80 | SONIA SIMON BERBEL | C.D. PLAYAS DE PUNTA UMBRIA COSTA DE LA LUZ | G45-49F | 1 | 10 | 00:13:17 | 1'19"/100m | 6 | 01:30:59 | 17.80 km/h | 14 | 00:37:58 | 6'19"/km | 02:22:15 |
| 11 | 64 | MARTA CALDERÓN MENA | C.T. TORREMOLINOS | G40-44F | 2 | 15 | 00:14:47 | 1'28"/100m | 11 | 01:37:38 | 16.59 km/h | 10 | 00:29:49 | 4'58"/km | 02:22:15 |
| 12 | 78 | CAREMN TRINIDAD LEAL GARCIA | C.D. TRIATLÓN GUADIATO | G45-49F | 2 | 12 | 00:13:41 | 1'22"/100m | 12 | 01:48:56 | 14.87 km/h | 8 | 00:28:52 | 4'48"/km | 02:31:29 |
| 13 | 46 | ESTHER RUIZ MARTIN | C.T. RINCON DE LA VICTORIA TUK-TUK NOODLES | G35-39F | 2 | 6 | 00:11:50 | 1'11"/100m | 13 | 01:58:52 | 13.62 km/h | 7 | 00:28:02 | 4'40"/km | 02:38:45 |
| 14 | 79 | ISABEL PRADO NÓVOA | REAL CLUB MEDITERRANEO | G45-49F | 3 | 11 | 00:13:35 | 1'21"/100m | 15 | 02:04:40 | 12.99 km/h | 13 | 00:34:59 | 5'49"/km | 02:53:15 |
| 15 | 102 | M.CARMEN CAMACHO GARCIA | C.D. TRAININGTRI | G50-54F | 2 | 14 | 00:14:44 | 1'28"/100m | 14 | 02:01:34 | 13.32 km/h | 15 | 00:38:13 | 6'22"/km | 02:54:32 |